

## **Uterine Model Assembly Guide**

### Materials

#### First trimester

- 1 dragonfruit
- Knife

#### Second trimester

- 1 papaya
- 4 toy nerf darts
- 1 hardboiled egg
- Knife
- 1 dilator

### Steps

#### **First Trimester**

1. Find the direction the dragonfruit husk spikes point. Cut a half inch piece off this side of the fruit.



Image 1 – whole dragonfruit



Image 2 – Dragonfruit with husk end cut, ready for use

### **Second Trimester**

1. Find the narrower end of the papaya. Perform an initial pass with a small dilator.

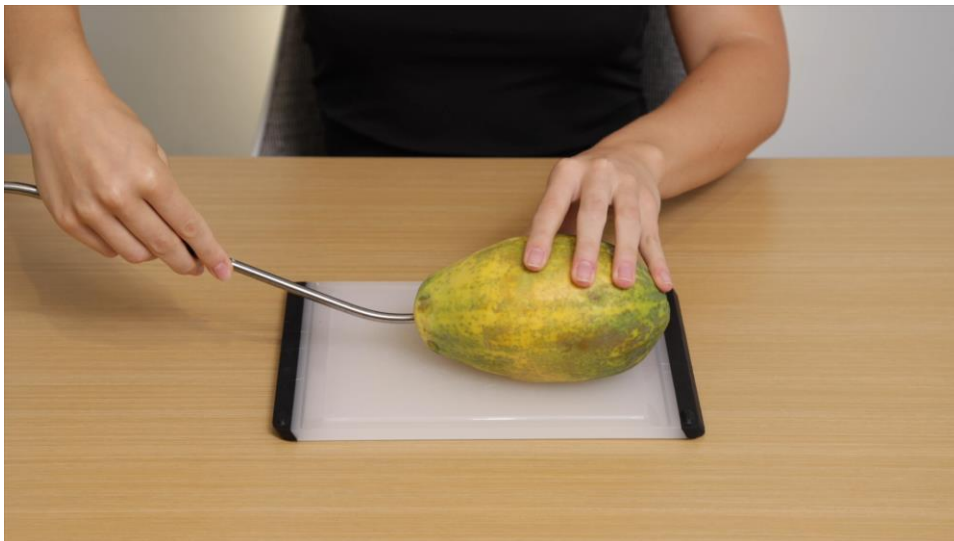


Image 3 – whole papaya



Image 4 – papaya after passing a cervical dilator

2. Cut the fruit in half. Place 4 nerf darts and a hardboiled egg into the open cavity. You may need to scoop seeds out to create room.

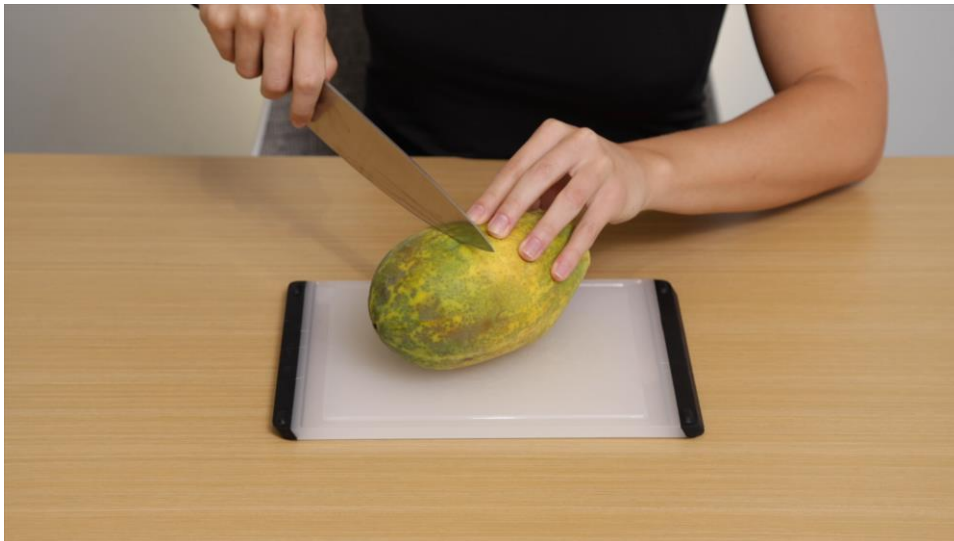


Image 5 – Cut papaya in half following dilation



Image 6 – papaya with nerf dart “limbs”



Image 7 – Papaya with hard-boiled egg calvarium

3. Replace the top half of the fruit onto the bottom half. Secure these pieces using duct tape.



Image 8 – Taping the papaya back together



Image 9 – Fully taped papaya ready for use